



Liturgics & Calendar

St. Michael's Orthodox Christian Church

*Diocese of Charleston, Oakland and the Mid-Atlantic
Antiochian Orthodox Christian Archdiocese
of North America*

- **His Eminence Metropolitan JOSEPH**, Archbishop of New York and Metropolitan of all North America
- **His Grace Bishop THOMAS**, Auxiliary Bishop of the Diocese of Charleston, Oakland and the Middle Atlantic
- **Archpriest John Nosal**, Pastor; 724-244-1228; frjno@comcast.net

Sunday, March 4, 2018

*To all who are present with us this morning,
Welcome! Thank you for being here!*

*Please join us for the "coffee and....."
in the Fellowship Hall following Divine Liturgy.*

You May Find the Text of the Divine Liturgy beginning on the bottom of page 91 of the Service Book (gold embossed cross on the reddish brown cover) or in the green-spiral-bound book; sheet music can be found in the 8.5" x 11" large, spiral-bound booklet.

At the Kiss of Peace our practice is for each of us to greet the person to our right and left with the bowing of our head, hands held in a prayerful clasp or crossed on the chest, while offering each other the seasonal Christian greeting, "Christ is in our midst!" and responding, "He is and shall be!"

Please remember that Holy Communion is reserved for those Chrismated Orthodox Christians who have appropriately prepared themselves through prayer, fasting and Confession to receive the Holy Mysteries of the Church. The bread (*anti'doron*, which means 'in place' of the gifts) which we share after Communion and at the end of the Liturgy is for all.

Being mindful we are in church, let us always remember to...

...be quiet and attentive. Let us sing, pray, stand, sit, kneel and respond where responses are indicated. Let us not talk, look around, text message, play games, etc.. Especially, let us work at this in the Communion line and when in line to venerate the Cross and depart. If we cannot hear the post-Communion prayers being chanted during our church departure, we are way too noisy.

...refrain from eating, drinking or chewing gum (most obviously and especially if you will be receiving Holy Communion).

...stay put. Except in rare cases, there are few of us who cannot stay in one location for two hours (actually less, for most of us).



Gregory Palamas
A Bishop of Thessalonika

Sunday, March 4, 2018

Greeting: Christ is in our midst!

Response: He is and shall be!

Second Sunday of Great Lent. Commemoration of Gregory Palamas, archbishop of Thessalonica; Venerable Gerasimos of the Jordan; Gregory, bishop of Constantia in Cyprus; Martyrs Paul and Juliana of Palestine; Daniel the wonderworker, prince of Moscow.

Sunday Prayer Offerings

THE HOLY BREAD OF OBLATION is offered...

...by Dr. JAWDAT and ANTOINETTE Nikoula and family, JIHAD and GEORGETTE Dauod Nicola and family, ZAKHOUR and JOUMANA Nicola Sallit and family, ERIC and ALEXIS Bevan and family; in memory of NADIM Nicola and BADEH Nicola and JOSEPH and JOAN Nader. May they rest in peace. May their memories be eternal.

PRAYERS OF OBLATION are offered...

...in memory of our fathers in Christ, Metropolitan PHILIP Saliba and Bishop ANTOUN Khouri, Archimandrites GEORGE M. Corry and JOHN Namie, Archpriests JOHN (and Khourieh JEAN) Chromiak, PETER (and Matushka JOSEPHINE) Felenchak, ANTHONY Bell, JAMES Meena, JOSEPH Chernushin and Priest JOHN Paul Pro.

...in memory of INA Abraham by Theodore and Patricia Opalka.

...in memory of NORMA Nicholas by John and Christine Mansour.

...in memory of DIANA Roberts by Dina Papas.

...in memory of GEORGE and MARIETTE Charabaty by Zeina Maalouf.

...in memory of the Abraham family: GEORGE, PEDRO, EDDIE, MILLER, BILL, ROSE and MARGARET JEAN by Tim Fedele.

...in memory of DANIEL Charley by Ray and Dana Whitesell.

MANY YEARS and...

...**Happy Birthday to:** GEORGE Spanos (3/4), AWAD Halabi (3/6), NICHOLAS Pistentis (3/7), CLAIRE Rakvic (3/8), ANDREW Nassur (3/9), THEODORE Mermigas (3/10), SAMUEL Pomposelli (3/10).

...**Happy Anniversary to:** DAVID and HEIDI Waugaman (3/4).

...**Happy Baptism/Chrismation to:** RONA Beluschok (3/4), STEPHEN Koury (3/5), ALECSANDAR Varsamis (3/9).

OUR SINCEREST CONDOLENCES to... to GEORGE Bozich

and his family on the falling asleep in the Lord of their wife and mother, the servant of God, BETTY Bozich (in the State of California). Betty will be interred here in Pennsylvania on Saturday, March 10, from James Shirley Funeral Home in Irwin, beginning with Trisagion Prayers at 10:00 AM. May her memory be eternal.

RESURRECTIONAL APOLYTIKION (Tone 6)

When Mary stood at Thy grave looking for Thy sacred body, angelic powers shone above Thy revered tomb and the soldiers who were to keep guard became as dead men. Thou led Hades captive and wast not tempted thereby. Thou didst meet the Virgin and didst give life to the world. O Thou who hast risen from the dead, O Lord, glory to Thee.

APOLYTIKION OF GREGORY PALAMAS (Tone 8)

O Star of Orthodoxy, support of the Church and its teacher, O comeliness of ascetics, and incontestable champion of those who speak in theology, Gregory the wonder-worker, the pride of Thessalonica and preacher of grace, implore thou constantly for the salvation of our souls.

APOLYTIKION of the ARCHANGELS (Tone 4)

O ye foremost of the heavenly hosts we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thine unearthly glory; preserving us who kneel and cry endlessly, "Deliver us from oppression!" since ye are the princes of the highest powers.

KONTAKION FOR ANNUNCIATION and Great Lent (Tone 8)

To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee: Hail, O Bride without Bridegroom.

The Reading from the First Epistle of St. Paul to the Hebrews (1:10-2:3)

"**In the beginning**, Thou, O Lord, didst found the earth, and the heavens are the work of Thy hands; they will perish, but Thou remainest; they will all grow old like a garment, like a mantle Thou wilt roll them up, and they will be changed. But Thou art the same, and Thy years will never end." But to what angel has He ever said, "Sit at My right hand, until I make Thine enemies a stool for thy feet"? Are they not all ministering spirits sent forth to serve, for the sake of those who are to obtain salvation? Therefore, we must pay closer attention to what we have heard, lest we drift away from it. For if the message, declared by angels, was valid and every transgression or disobedience received a just retribution, how shall we escape if we neglect such a great salvation? It was declared at first by the Lord, and it was attested to us by those who heard Him.

The Holy Gospel According to St. Mark (2:1-12)

At that time, when Jesus returned to Capernaum after some days, it was reported that He was at home. And many were gathered together, so that there was no longer room for them, not even about the door; and He was preaching the Word to them. And they came, bringing to Jesus a paralytic carried by four men. And when they could not get near Jesus because of the crowd, they removed the roof above Him; and when they had made an opening, they let down the pallet on which the paralytic lay. And when Jesus saw their faith, He said to the paralytic, "Son, your sins are forgiven." Now, some of the scribes were sitting there, reasoning in their hearts, "Why does this man speak thus? It is blasphemy! Who can forgive sins but God alone?" And immediately Jesus, perceiving in His spirit that they thus reasoned within themselves, said to them, "Why do you reason thus in your hearts? Which is easier, to say to the paralytic, 'Your sins are forgiven,' or to say, 'Rise, take up your pallet and walk'? But that you may know that the Son of Man has authority on earth to forgive sins" – He said to the paralytic – "I say to you, rise, take up your pallet and go home." And he rose, and immediately took up the pallet and went out before them all. So that they were all amazed and glorified God, saying, "We never saw anything like this!"

SYRIAN RELIEF DINNER

AND

PRAYER SERVICE

TODAY, Sunday, March 4, 2018

Service - **4 PM** Lenten Dinner - **5 PM**

St. Nicholas Greek Orthodox Cathedral

419 South Dithridge St. Pittsburgh (Oakland) 15213

Tickets \$50 Students (age 7-18) \$20 Children (6 & under) free

Contact Raymounda Chaho (412-558-5877) for tickets.

Come, remember Ina Abraham while raising money for a good cause! Learn the art of Pysanky (Ukrainian Egg Decorating). **All donations will go toward our Antiochian Village Camp Scholarship Fund.** Bring a friend! **Children age 10 and above** are welcome. All materials will be provided. **RSVP to Connie Capar by March 5.**

Saturday, March 10, 9:30 am to 12:30 pm; Multi-Purpose Room

Things to have on your calendar —

- **Please sign up in the Fellowship Hall for “Soup and Bread.”**
 - **Family Movie Night (MOANA)**, Saturday, March 17
Great Vespers - 5:00 PM; Moana - 6:00PM.
 - **“Food for Hungry” Boxes** — pick up in church hallway
outside of the office.
 - **Sarris Candy Order due TODAY**, Mar. 4; delivery March 25.
 - **Church Cleaning Day** - Saturday, March 17; following AM DL
 - **Scrip Program Order Day** - Sunday, March 18
 - **Antiochian Women’s Retreat** - March 23-25
 - **Church Decorating** - Friday night, Saturday, March 30, 31
 - **Palm Sunday** - April 1
 - **Feed the Hungry at First Lutheran Church** - April 11
 - **Red Cross Blood Drive** - May 12
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MARCH IS ANTIOCHIAN WOMEN’S MONTH

<u><i>Date</i></u>	<u><i>Reader</i></u>	<u><i>Offering Takers</i></u>
March 4	Mary Haiden	Michelle Gajewski Julia Ritter Lisa Stewart
March 11	Christine Mansour	Allison Simon Laura Nicholas Nancy Mauer
March 18	Connie Volchko	Dana Abraham Merissa Barli Ross
March 25	Marsha Smolcic	Mary Gazal Christine Mansour Dolly Maruschock

THANK YOU to the Westmoreland County Blind Association, who recently donated 37 folding metal chairs for our Fellowship Hall.

Antiochian Women’s Lenten Retreat

Presented in memory of Kh. Stefanie Yazge

“Life After Death”

March 23-25, 2018 at Antiochian Village

Keynote Speaker - Fr. Paul Matar

Register at — <http://registration.antiochianvillage.org/AWLenten2018>

REMEMBER, the *Second Week* on this schedule *may change...*
ALWAYS USE THE MOST CURRENT BULLETIN.

March 4 thru March 10

Secretary will be out of the office this week.

Sunday, March 4 - Gregory Palamas

- 8:45 AM - MATINS
- 9:30 AM - Choir Rehearsal
- 10:00 AM - DIVINE LITURGY
 - Church School
 - Executive Board 'Check-In'
- 4:00 PM - Syrian Relief Prayers
- 5:00 PM - and Dinner

Monday, March 5 (strict fast)

- 6:00 PM - GREAT COMPLINE
- 7:00 PM - Choir Rehearsal

Tuesday, March 6 (strict fast)

- 12:00 to 1:00 PM - Food on the Hill

Wednesday, March 7 (strict fast)

- 9:00 AM - Stewardship Meeting
- 5:30 PM - NINTH HOUR
- 6:00 PM - PRESANCTIFIED DIVINE LITURGY
 - soup and bread supper
 - Choir Rehearsal follows

Friday, March 9 (strict fast)

- 6:00 PM - Lenten Covered Dish
- 7:00 PM - AKATHIST to the Theotokos

Saturday, March 10 (wine & oil)

- NO Divine Liturgy today
- 9:30 AM to 12:30 PM - Pysanki (Ukrainian Easter Egg) Workshop
 - Benefits Ina Abraham
 - Camp Scholarship Fund
- 10:00 AM - Betty Bozich Trisagion Prayers and Interment;
 - Shirley Funeral Home, Irwin
- 5:15 PM - Byzantine Vespers Practice
- 6:00 PM - GREAT VESPERS

March 11 thru March 18

Sunday, March 11 - The Holy Cross

- 8:45 AM - MATINS
- 9:30 AM - Choir Rehearsal
- 10:00 AM - DIVINE LITURGY
 - Church School

Monday, March 12 (strict fast)

- 6:00 PM - GREAT COMPLINE
- 7:00 PM - Choir Rehearsal

Wednesday, March 14 (strict fast)

- 5:30 PM - NINTH HOUR
- 6:00 PM - PRESANCTIFIED DIVINE LITURGY
 - soup and bread supper
 - Choir Rehearsal follows

Friday, March 16 (strict fast)

- 6:00 PM - Lenten Covered Dish
- 7:00 PM - AKATHIST to the Theotokos

Saturday, March 17 (wine & oil)

- 9:00 AM - DIVINE LITURGY
 - Souls Saturday
- 10:00 AM - Church Cleaning
- 5:00 PM - GREAT VESPERS
- 6:00 PM - Kid's Movie Night

**CONFESSIONS WILL BE HEARD
AFTER MOST SERVICES
and by appointment.**

Scrip Program Order Day

(The easiest donation you'll ever make.)

Sunday, March 18 - See Fotini
