

Christ is in our midst! He is and shall be!

October 4, 2022

Dear Father Nosal,

Please convey our thanks to the members of your congregation for their very kind donation of \$2,000 to Blackburn Center. Congratulations on your successful "We Remember" Dinner. We are so grateful for their generosity.

We depend on contributions from the community to help meet the needs of thousands of people each year. Your donation will provide services critical to victims of domestic violence and sexual assault. In addition, it gives assurances to the women and children in our shelter that someone cares.

Thank you for joining with us as we accept the challenge to overcome the violence that impacts our homes and communities.

Sincerely,
Renee N. Reitz
Executive Director

International Orthodox Christian Charities (IOCC)
The Ukraine Crisis

<https://iocc.org/blog/category/where-we-serve/ukraine>

FRIDAY, OCTOBER 7, 2022

Editorial from Bishop John about Transition in the Archdiocese

<https://www.antiochian.org/regulararticle/1362>

In addition to serving as chairman of the Temporary Operating Committee, His Grace Bishop John serves as editor of [The WORD Magazine](#). He shares his editorial that is scheduled for the November's edition.

Habits and routines save us time and allow us to function without thinking about all the little things that need to be accomplished before we can leave the house and start our day. These habits bring us a sense of security and allow us to put our attention toward the complex things that we deal with. We people like routine and good habits give us a sense of security.

Sociologists tell college students that the world has changed more in their lifetime than in all the centuries before it. Add to a quickly changing world a pandemic and changes

in our church administration, we could expect feelings of insecurity, anger, defensiveness, and unsettledness. The last place that we want or expect change is in our Orthodox Church where we claim a consistent witness to the unchanging Lord. The truth is that we need to change all the time to keep our consistent witness to the truth of God's revelations.

With the requested retirement of Metropolitan Joseph, many of us are overwhelmed with feelings. These feelings are rooted in our long personal relationships with Metropolitan Joseph, both positive and negative, as well as the feelings that come with any change. Even positive change comes with losses from the old routines and habits. These losses, like all losses, need to be grieved and follows the well-known grief emotions of anger, shock, bargaining and depression. The fact that we are Christians does not exempt us from feeling. We should recognize these feelings as understandable and even normal.

We Christians are people with emotions; we Christians are also the people of the Resurrection. We are baptized into Christ and Christ shares our lives even as we share His. When we face uncertainty, we face it knowing that God is with us. We are not alone. God is with us, loving us and leading us through the valley of uncertainty to a place of peace.

During this time of uncertainty, I was blessed to celebrate an ordination this week. A man and his family gave themselves to God. In turn, the Church received him and gave him to a church community to help renew and lead. The whole Archdiocese is born anew with every ordination because the whole Archdiocese needs to change routines and habits to make room for this new voice of witness and life. Likewise, we must remind ourselves that the Church is larger than all of us as individuals. Church history is full of examples of strife and difficult times, but the Church survives them because it was established by Christ and is the ark of salvation. It doesn't rise or fall because of any individual cleric or layperson.

When I was young, my grandmother would cry out "na'eeman" (rebirth) "نعيمًا" when we emerged from the shower. This is the same cry that people would make when a baby was lifted out of the baptismal font. Within our daily lives are reminders that God is with us in all that we do.

Patriarch John X and the Holy Synod of Antioch have been in constant contact with us offering encouragement and reassuring us of their care. We are truly grateful for this and trust that God, through them, will provide us with the leadership we need during the nomination and election process for a new metropolitan. As details of the constitutional process become available, we will keep the faithful informed.

God is with us, understand all nations, that God is with us.

Church Schoolers, remember to bring 101 Orthodox Saints to church with you.

Remember that children and their teachers depart for their classrooms right after they receive Holy Communion.

There will be no snacks provided - BYOSnacks or join in Fellowship Hour when class is over.

It is never too late to register a student.

We are always recruiting volunteers in support of our Church School Program.

Speak with Kh. Melanie about either of those matters or anything else pertaining to Church School.

(Please remember that active participation in our Church School Program is required for a child to receive a St. Michael's scholarship to Antiochian Village.)

Widowed, Divorced or Separated? The loss of a spouse is a traumatic experience. The **Beginning Experience** ministry provides a weekend program to help widowed, divorced, or separated men and women of all faiths pass through the grief and move forward with their lives. The next program is slated for Oct. 21-23 at Christ Our Shepherd Center, Greensburg. Visit www.BeginningExperiencePittsburgh.com to register or make a confidential call to **Kim at 412-352-2653** or **Dick at 724-255-7407**. Financial assistance may be available.

*"Off the Wall" = 3 minutes and 3 thoughts
on a Saint(s) in communion with us
"on the walls" of our church.
This will happen as part of the sermon.*

Schedule of Services and Church Events

(Check this calendar for Usher, Fellowship Hour and lock-up schedules.)

Secretary Debbie will not be in the office this week.

SUNDAY, October 9

(Ushers - Sara Armanious, Gust Flizanes, Wayne Macuga, Michele Murray, Dina Papas)

8:45 AM - ORTHROS

10:00 AM - DIVINE LITURGY *(may we strive to arrive early)*

"Off the Wall" - Abraham and Sara (in a triangle)

- Church School

- Fellowship Hour (weekly coordinator - Raymounda Chaho)

Thank you to Sara Armanious, Sherrie Busch

and Christina Armanious Hahey for hosting today.

(Lock-up - Raymounda - (we lock all but the church entry double-doors by 10:15))

TUESDAY, October 11

9:00 AM - DIVINE LITURGY - Apostle Philip of the 70

WEDNESDAY, October 12

9:00 AM - **DIVINE LITURGY** - Symeon the New Theologian
6:30 PM - Bible Study - Gospel According to St. John (Chapter 1)

SATURDAY, October 15

10:00 - AM Weekly Reader & Discussion (same as below)
we'll read this book together - Autopsy of a Deceased Church
5:00 PM - GREAT VESPERS
6:00 - PM Weekly Reader & Discussion (same as above)
we'll read this book together - Autopsy of a Deceased Church

SUNDAY, October 16

(*Ushers - Sara Armanious, Gust Flizanes, Wayne Macuga, Michele Murray, Elias Memari*)

8:45 AM - ORTHROS

10:00 AM - DIVINE LITURGY (*may we strive to arrive early*)
"Off the Wall" - Longinus the Centurion; Luke the Evangelist
- Church School
- Special Olympics Awareness Day Collection
Checks payable to: **NAC Teen SOYO**; memo: **SOAD 2022**
- Fellowship Hour (weekly coordinator - Raymounda Chaho)
Thank you to Donna and Jeff Curry, and Janet Mochak
for hosting today.

12:00 noon to 2:00 PM - Gyro Lunch and Fellowship Extension
- **"Gyro" Fellowship - \$8 each wrap - bring friends!**
\$10 combo (gyro, water, dessert)
(*The Steelers Game will be on in the Hall.*)

(*Lock-up - Carolyn Hill - (we lock all but the church entry double-doors by 10:15)*)

*Confessions are heard when scheduled on calendar,
by appointment in church, or by visit.
Call Fr. John at (724) 244-1228.*

AT DIVINE LITURGY, among others, we will be praying for... (bold=recently added)

...ADEL & SARA Armanious, Mat. SOPHIE Daniels, THOMAS Abraham, MARY Andrews, CHRISTIAN & NICHOLAS Bell (Melanie's sons), MARGARITA (Peggy) Bolha, BRADY Byers, GREGORY Cervo, HELEN Ciavarra (*Valerie Flizanes' mother*), JAMES Dayoob, VERA Dydiw, MICHAEL Evans, MICHAEL Hamwey, RONALD and JOANNE Hasnauer, CAROLYN Hill, BONNIE Koury, SAMUEL Koury, KARIM Khalil, CJ Kudlik, IDA Langer, NATHANIEL McNicol, HEATHER, KARIN & DALE Personett, SAM Nataros (*Jennifer Saksen's brother*), FRANK Porembka, NICOLE Rosado, NICK Senuta, JACK Copeland (*father of Kh. Melanie, Melinda Copeland, Stephanie Heydorn*), BERNADETTE Brietinger (*wife of friend of Jeff Stewart*), ANTHONY & JILLIAN Crowe, baby JOSEPH PAUL Cervo and parents JOSEPH & ANGELINA; ROB Newton, DINA Papas, LEO Szymkowiak, PAULETTE Weiss, LEILA Zakhary, CINDY & ROBERT Stupak (*cancer and Parkinson's; Janet Mochak's sister and bro-in-law*), PATRICIA Long (*Barli's sister*)... that they may have mercy, life, peace, health, salvation and visitation.

...**birthday celebrants** --- JOSEPH Gazal (10/9), LUKE Simon (10/9), ELI Tubin (10/9), MELISSA Casteel (10/10), IDA Langer (10/10), ELIZABETH Maruschock (10/10), NICOLE Rosado (10/10), EMMA Gazal (10/12), GLENN Weiss (elder-10/12), SIMONE Donahey (10/13), LOUIS Gajewski (10/13), WAYNE Macuga (10/13), JOHN T. Langer III. God grant them many years!

...**wedding anniversary celebrants** --- KARIM and SAMAR Khalil (10/10), CHARLES and

SHIRLES (10/10), DAVID and JENNIFER Beer (10/11), STEPHEN and JOELYNNE Koury (10/11), PETER and GEORGIANNA Walinski (10/15). God grant them many years!

...baptism/chrismation celebrants --- MALLORY Mansour (10/12), MADELINE Wallace (10/12), YALENA Craig (10/13), LUKE Miller (10/15). God grant them many years!

WE WILL REMEMBER THE DEPARTED SERVANTS OF GOD... Metropolitan PHILIP, Bishop ANTOUN, Archimandrite GEORGE, Protopresbyter GEORGE Livanos, Kh. STEFANIE Yazge. May their memories be eternal.

PRAYERS OF OBLATION ARE OFFERED...

- ...in memory of the newly departed Priest ANTHONY Joseph.
- ...in memory of the newly departed AMY Johnson by Gregory Cervo.
- ...in memory of Metropolitan HERMAN.
- ...in memory of father, JOHN Mirilovich, on his birthday
by Rich and Harriet Mirilovich.
- ...in memory of CATHERINE Romanus by Patricia Darbons.
- ...in memory of JOHN Mansour by Ron and Barb Spisso.
- ...in memory of HELEN Porembka by Shirles and Charles King.
- ...in memory of DIANA Roberts and IRENE Papas by Dina Papas.
- ...for the health of SAMUEL Sacksen (*recovering from hernia surgery*).

ON SUNDAY, OCTOBER 30, MEMORIAL PRAYERS WILL BE PRAYED

for the following people who departed this life in Octobers past ---

--- IRENE Papas (10/2/2020), BETTY Hayden (10/4/2002),
Fr ANTHONY Joseph (10/5/2022), MARGARET Fedele (10/5/2010),
IBRAHIM Chahin (10/5/2012), WILLIAM Essey (10/5/1997),
JOHN Asa (10/6/1998), ANNA Santone (10/6/2014),
KENNETH Nicholas (10/6/1998), CHRISIA Simkovich Johnston (10/6/2019),
JOHN Maruschock (10/7/1997), GEORGE Thomas (10/8/2018),
IRENE Fekos (10/9/99), HELEN Marie Ross (10/11/1993),
JAMIE Salathe III (10/11/2014), PATRICIA Simkovich (10/12/1999),
HELEN Kulik (10/13/1989), DOROTHY Elias (10/15/1992),
FOTINI Papanastasiou (10/15/2019), ANGELINA Essey (10/17/2007),
KATHERINE Simmons (10/17/2000), VINCENT Steeley (10/18/2003),
MARGARETTA Anton (10/18/2011), NICHOLAS Masterson (10/20/2018),
BOB Sefer (10/21/02), SYLVIA Yova (10/21/2016),
CHARLES Simkovich (10/21/2021), LEONA Gialas (10/23/1992),
BERTHA Lawrence (10/25/2004), JACK Drylie (10/27/2013),
ELIZABETH Sam (10/29/2016), PETROS Papanastasiou (10/1947),
JEANNETTE Nakag (1995).

To add to the memorial list, call (724) 834-1311 and leave the name and date.

Raymounda coordinates the 2022 Fellowship Hour Hosting Schedule. Call or text Raymounda - (412) 558-5877 - and leave your NAME, NUMBER and DATE(s) you'd

like to reserve. *Realizing that hosting a Fellowship Hour may be financially difficult for some of us, let that not be a reason for feeling unable to support our weekly Sunday post-Divine Liturgy time with each other. Everyone is always encouraged to step up and into the kitchen to find out how they can help!*

THINGS TO REMEMBER and THINGS WE NEED...

...INFORM THE ANTIOCHIAN WOMEN whenever we might be intending to use the kitchen, to make sure no one else has scheduled to use it. By extension, if you would borrow something from the kitchen, check with the Women (Valerie or Sara) to make sure those items will not be needed at the same time.

...CALEB'S CUPBOARD (*our 'memorial hallway' collection bin for people in need*) is still an active ministry of our church.

...PHONE CALLERS. Pete Papas is reviving our Phone Tree Team for emergent information to be passed along to those who are not regular users of email. See Pete to be part of the calling team or to add your name to the roster of those who'd like to be called.

...BREAD BAKERS AND WHEAT MAKERS. Leave your name and number on the church voicemail (724-834-1311) and we will contact you regarding the details of what you'd have to know and do.

...USHERS. See Fr. John or Gust Flizanes to sign up to serve.

...IDEAS for Fund-raising (*and people to act on their ideas*). For support, direction and coordination regarding your ideas, speak with Elias Memari (724-244-3055) or Stephanie Heydorn (724-216-7866). **Thank you to Elias and Stephanie for their willingness to be Fund-Raising Co-Coordinators.** They will take on the task of helping to break inertia and give momentum to the return of active fund-raising events to our financial and budgetary plan.

THINGS TO REMEMBER ALL THE TIME...

...BE ON TIME for church; **BE QUIET** in church, except when singing ; -)

...WHEN IT'S TIME FOR COMMUNION - Watch for direction from an usher when to proceed up the center aisle:

- 1) Church School/Children go first so they can get to class;
- 2) two center sections follow the children, then the "wing" sections;
- 3) rear section of sitters and standers.

...REMEMBER TO CROSS YOUR ARMS, right over left on your chest, and keep them crossed from the time you get in line until you reach to pick up a piece of the antidoron, the post-Communion holy bread. (This helps avoid any 'bump' accidents at the chalice. This is one time we

refrain from blessing ourselves. **Say your name** as you come to stand before the priest.

...**BEFORE IT'S TIME FOR COMMUNION** - Be aware that regular Confession is understood to be a prerequisite act of our receiving the Precious and Holy Body and Blood of Christ. Besides fasting from eating or drinking anything on the day will Commune, our spiritual preparation is completed with prayer and *periodic participation in the Sacrament of Confession (at least during the Advent and Paschal fasts)*.

LONG TERM CALENDAR (UPCOMING DATES to Remember)

- **October and November** - Stewardship Days
 - **NOW thru November 18** - East Meets West:
 - Women Icon Makers of West Ukraine
 - Verostko Center for the Arts / Saint Vincent College
 - **Saturday, Oct. 22; Weekly Reader** (*Read (together), Discuss*)
 - 10:00 AM - Autopsy of a Deceased Church (*pick AM or PM*)
 - 5:00 PM - Great Vespers
 - 6:00 PM - Autopsy of a Deceased Church (*pick AM or PM*)
 - **Tuesday, October 25, 7:00 PM** - Parish Council Meeting
 - **Sunday, Nov 6** - Final Scrip gift card order day. Bring you checkbook to order - over 500 card retailers to choose from (raiseright.com) Questions? Ask Fotini.
 - **Thursday, Nov 10 - Sun, Nov 13** - Ancient Faith Women's Retreat at Antiochian Village ---
REGISTER NOW --- Info/Registration at <https://store.ancientfaith.com/2022-afwr>
 - **Sunday, Nov. 20** - Sarris Candy order deadline
Order old school with paper order form due 11/20
(pick up at church on Sunday, December 18), or
Order on-line - SarrisCandiesFundraising.com
use Group ID #10-2891 (deadline 12/15;
delivered to your home, not church)
Questions? Ask Fotini.
 - **Sunday, December 4** - Annual General Parish Meeting
-

Our Parish Council

(year designates final year of term)

Sara Armanious '23 (*Chair*), **Christine** Mansour '22 (*Vice-Chair*),

Samar Khalil '23 (*Treasurer*), **Joyce** Eger '23 (*Recording Secretary*),

Carolyn Hill '22 (*Corresponding Secretary*), **Raymounda** Chaho '24, **Andrew** Cuff

'24, **Christina** Armanious '24, **Michaelene** McWhinney '22, **Tom** Sproch '23, **Lisa** Stewart '24, **Donald** Yoder '22.