



Liturgics & Calendar

St. Michael's Orthodox Christian Church

*Diocese of Charleston, Oakland and the Mid-Atlantic
Antiochian Orthodox Christian Archdiocese
of North America*

- **His Eminence Metropolitan JOSEPH**, Archbishop of New York and Metropolitan of all North America
- **His Grace Bishop THOMAS**, Auxiliary Bishop of the Diocese of Charleston, Oakland and the Middle Atlantic
- **Archpriest John Nosal**, Pastor; 724-244-1228; frjno@comcast.net

Sunday, March 11, 2018

*To all who are present with us this morning,
Welcome! Thank you for being here!*

*Please join us for the "coffee and....."
in the Fellowship Hall following Divine Liturgy.*

You May Find the Text of the Divine Liturgy beginning on the bottom of page 91 of the Service Book (gold embossed cross on the reddish brown cover) or in the green-spiral-bound book; sheet music can be found in the 8.5" x 11" large, spiral-bound booklet.

At the Kiss of Peace our practice is for each of us to greet the person to our right and left with the bowing of our head, hands held in a prayerful clasp or crossed on the chest, while offering each other the seasonal Christian greeting, "Christ is in our midst!" and responding, "He is and shall be!"

Please remember that Holy Communion is reserved for those Chrismated Orthodox Christians who have appropriately prepared themselves through prayer, fasting and Confession to receive the Holy Mysteries of the Church. The bread (*anti'doron*, which means 'in place' of the gifts) which we share after Communion and at the end of the Liturgy is for all.

Being mindful we are in church, let us always remember to...

...be quiet and attentive. Let us sing, pray, stand, sit, kneel and respond where responses are indicated. Let us not talk, look around, text message, play games, etc.. Especially, let us work at this in the Communion line and when in line to venerate the Cross and depart. If we cannot hear the post-Communion prayers being chanted during our church departure, we are way too noisy.

...refrain from eating, drinking or chewing gum (most obviously and especially if you will be receiving Holy Communion).

...stay put. Except in rare cases, there are few of us who cannot stay in one location for two hours (actually less, for most of us).



Sunday of the
Life-Giving Cross

Sunday, March 11, 2018

Greeting: Christ is in our midst!

Response: He is and shall be!

Veneration of the Precious and Life-Giving Cross; Sophronios, patriarch of Jerusalem; Martyrs Thallos and Trophimos of Latakia; Venerable George of Sinai; Theodora of Arta, the empress; Euthymios, bishop of Novgorod.

Sunday Prayer Offerings

THE HOLY BREAD OF OBLATION is offered...

... by JEANNE Anton in memory of father and mother, husband CARMEN, granddaughter LIZZY, deceased brothers and sisters; and for the health and salvation of her children and grandchildren, the parishioners of St. Michael's Church, and for world peace.

PRAYERS OF OBLATION are offered...

...in memory of our fathers in Christ, Metropolitan PHILIP Saliba and Bishop ANTOUN Khouri, Archimandrites GEORGE M. Corry and JOHN Namie, Archpriests JOHN (and Khourieh JEAN) Chromiak, PETER (and Matushka JOSEPHINE) Felenchak, ANTHONY Bell, JAMES Meena, JOSEPH Chernushin and Priest JOHN Paul Pro.

...in memory of INA Abraham by Alice & Ali Afifi.

...in memory of NORMA Nicholas by the Gunther family.

...in memory of DIANA Roberts by Dina Papas.

...in memory of GEORGE and MARIETTE Charabaty by Zeina Maalouf.

...in memory of the Abraham family: GEORGE, PEDRO, EDDIE, MILLER, BILL, ROSE and MARGARET JEAN by Tim Fedele.

...in memory of DANIEL Charley by Ray and Dana Whitesell.

MANY YEARS and...

...***Happy Birthday to:*** JOSEPH Harding (3/11), RYAN Carson (3/13), DAVID Bogonovich (3/14), SOPHIA Anton (3/15), MICHELLE Gajewski (3/15), KRISTIN Nicholas (3/17).

...***Happy Anniversary to:*** LOUBOV and CEYHAN Mintas (3/16).

...***Happy Baptism/Chrismation to:*** SUZANNE Krisner (3/12), MIA Shaffer (3/13), THOMAS Sproch (3/17), LINDSEY Stewart (3/17).

MEMORIAL PRAYERS are offered today...

...for the two year memorial of the falling asleep in the Lord of the servant of God, DIANA Roberts, offered by her family. May her memory be eternal.

RESURRECTIONAL APOLYTIKION (Tone 7)

Thou didst shatter death by Thy Cross, Thou didst open paradise to the thief. Thou didst turn the sadness of the ointment-bearing women into joy and didst bid Thine Apostles proclaim a warning, that Thou hast risen O Christ, granting to the world the Great Mercy.

APOLYTIKION OF THE PRESCIOUS CROSS (Tone 1)

O Lord, save Thy people and bless Thine inheritance, grant victory to all Orthodox Christians over their adversaries, and by the virtue Thy Cross preserve Thy habitation.

APOLYTIKION of the ARCHANGELS (Tone 4)

O ye foremost of the heavenly hosts we beseech thee, though we are unworthy. Pray that we may be encompassed with the shadow of thine unearthly glory; preserving us who kneel and cry endlessly, "Deliver us from oppression!" since ye are the princes of the highest powers.

KONTAKION FOR ANNUNCIATION and Great Lent (Tone 8)

To thee, the Champion Leader, do I offer thanks of victory, O Theotokos, thou who hast delivered me from terror; but as thou that hast that power invincible, O Theotokos, thou alone can set me free: from all forms of danger free me and deliver me, that I may cry unto thee: Hail, O Bride without Bridegroom.

The Reading from the First Epistle of St. Paul to the Hebrews (4:14-5:6)

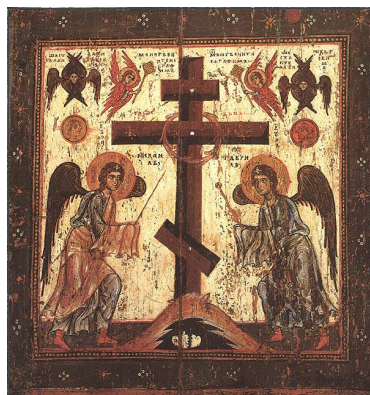
Brethren, since we have a High Priest, Who has passed through the heavens, Jesus, the Son of God, let us hold fast our confession. For we have not a high priest who is unable to sympathize with our weaknesses, but One Who in every respect has been tempted as we are, yet without sin. Let us then with confidence draw near to the throne of grace, that we may receive mercy and find grace to help in time of need. For every high priest chosen from among men is appointed to act on behalf of men in relation to God, to offer gifts and sacrifices for sins. He can deal gently with the ignorant and wayward, since he himself is beset with weakness. Because of this he is bound to offer sacrifice for his own sins as well as for those of the people. And one does not take the honor upon himself, but he is called by God, just as Aaron was. So also Christ did not exalt Himself to be made a high priest, but was appointed by Him Who said to Him, "Thou art My Son, today I have begotten Thee;" as He says also in another place, "Thou art a priest forever, after the order of Melchizedek."

The Holy Gospel According to St. Mark (8:34-9:1)

The Lord said, “If any man would come after Me, let him deny himself and take up his cross and follow Me. For whoever would save his life will lose it; and whoever loses his life for My sake and the Gospel’s will save it. For what does it profit a man, to gain the whole world and forfeit his soul? For what can a man give in return for his soul? For whoever is ashamed of Me and My words in this adulterous and sinful generation, of him will the Son of man also be ashamed, when He comes in the glory of His Father with the holy angels.” And Jesus said to them, “Truly, I say to you, there are some standing here who will not taste death before they see the Kingdom of God come with power.”

The Third Sunday of Lent

is that of the Veneration of the Cross. The cross stands in the midst of the church in the middle of the lenten season not merely to remind men of Christ’s redemption and to keep before them the goal of their efforts, but also to be venerated as that reality by which man must live to be saved. “He who does not take up his cross and follow me is not worthy of me” (Mt.10:38). For in the Cross of Christ Crucified lies both “the power of God and the wisdom of God” for those being saved (1 Cor.1:24).



“Confession is good for the soul.” Do we believe this? We believe that exercise and eating right are good for the body and reading and working puzzles are good for the mind. While most of us exert some effort in behalf of our bodies and minds, which are fading even as I type this, and will soon be gone, we do far less for our souls which we are preparing for life in eternity. How odd. Following Vespers on March 25 we’ll spend 15 to 20 minutes talking about this quirk in our thinking and behavior.

SYRIAN CHRISTIAN RELIEF

As the Syrian crisis continues, we continue to accept *donations* to do what we can to help ease the suffering there. Checks may be written to “St. Michael’s” with the note “Syrian Relief.” The following is a link to International Orthodox Christian Charities ((IOCC) “Response to the Crisis in Syria” page with more information on what you can do to help:

http://www.iocc.org/countries/countries_syria.aspx

Things to especially take note of —

- **Sign up to supply “Soup & Bread”** in the Fellowship Hall
- **Sign up for Fellowship Hour** in the Fellowship Hall
- **Pick up and fill “Food for Hungry” Boxes** (outside of office)
- **Family Movie Night (MOANA)**, Saturday, March 17
Great Vespers - 5:00 PM; Moana - 6:00PM
- **CHURCH CLEANING DAY** - Sat, Mar 17; following AM DL
- **Scripts Program Order Day** - Sunday, March 18
- **Antiochian Women’s Retreat** - March 23-25
- **‘Big’* Great Vespers** - for the Feast of Annunciation - March 24
- **Sarris Candy Delivery** - March 25
- **Church Decorating** - Friday night, Saturday, March 30, 31
- **Palm Sunday** - April 1
- **Food on the Hill** - April 3
- **Easter Egg Hunt** following Agape Vespers - April 8, 11 AM
- **Feed the Hungry at First Lutheran Church** - April 11
- **Red Cross Blood Drive** - May 12

***What makes Great Vespers ‘Big’** is that many more people are there than usual because you’ve decided to make a difference.

MARCH IS ANTIOCHIAN WOMEN’S MONTH

<u>Date</u>	<u>Reader</u>	<u>Offering Takers</u>
March 11	Christine Mansour	Allison Simon Laura Nicholas Nancy Mauer
March 18	Connie Volchko	Dana Abraham Merissa Barli Ross
March 25	Marsha Smolcic	Mary Gazal Christine Mansour Dolly Maruschock

COME DO YOUR PART (however **large** or **small**) to red-up our church for the celebration of the glorious Resurrection of Christ.

CLEAN UP BEGINS at 10:00 AM on Saturday, March 17, following 9:00 AM Divine Liturgy. Come spend some minutes or a few hours contributing to this important work.

REMEMBER, the *Second Week* on this schedule *may change...*
ALWAYS USE THE MOST CURRENT BULLETIN.

*Secretary Hours this week are 9-3 on
Monday, Wednesday & Thursday.*

March 11 thru March 17

Sunday, March 11 - The Holy Cross

- 8:45 AM - MATINS
- 9:30 AM - Choir Rehearsal
- 10:00 AM - DIVINE LITURGY
 - Church School
 - Down To Earth meeting

Monday, March 12 (strict fast)

- 6:00 PM - GREAT COMPLINE
- 7:00 PM - Choir Rehearsal

Wednesday, March 14 (strict fast)

- 5:30 PM - NINTH HOUR
- 6:00 PM - PRESANCTIFIED
DIVINE LITURGY
soup and bread supper
- Choir Rehearsal follows

Friday, March 16 (strict fast)

- 6:00 PM - Lenten Covered Dish
- 7:00 PM - AKATHIST to
the Theotokos

Saturday, March 17 (wine & oil)

- 9:00 AM - DIVINE LITURGY
Souls Saturday
- 10:00 AM - Church Cleaning
- 5:00 PM - GREAT VESPERS
- 6:00 PM - Kid's Movie Night

Scrip Program Order Day

(The easiest donation you'll ever make.)

Sunday, March 18 - See Fotini

March 18 thru March 24

Sunday, March 18 - John of the Ladder

- 8:45 AM - MATINS
- 9:30 AM - Choir Rehearsal
- 10:00 AM - DIVINE LITURGY
 - Church School
 - Scrip Orders Due
- 12:30 - Abortion Prayers

Monday, March 19 (strict fast)

- 6:00 PM - GREAT COMPLINE
- 7:00 PM - Choir Rehearsal

Tuesday, March 20 (strict fast)

- 9:00 AM - Stewardship Meeting
- 6:30 PM - Executive Board Mtg
- 7:00 PM - Parish Council Meeting

Wednesday, March 21 (strict fast)

- 5:30 PM - NINTH HOUR
- 6:00 PM - PRESANCTIFIED
DIVINE LITURGY
soup and bread supper
- Choir Rehearsal follows

Thursday, March 22 (strict fast)

- 6 PM - FULL CANON of Andrew
of Crete with Life of Mary of Egypt

Friday, March 23 (strict fast)

- 6:00 PM - Lenten Covered Dish
- 7:00 PM - AKATHIST to
the Theotokos

Saturday, March 24 (wine & oil)

- 9:00 AM - DIVINE LITURGY
of Akathist Saturday
- 10:45 AM - AMEN Meeting
at Bean & Baguette
- 5:15 PM - Byzantine Chant Practice
- 6:00 PM - GREAT VESPERS