

Christ is in our midst! He is and shall be!

*A time is coming when men will go mad.
And when they see someone who is not mad, they will attack him saying,
"You are mad! You are not like us!"
--- St. Anthony the Great (251-356 AD)*

International Orthodox Christian Charities (IOCC)

The Ukraine Crisis

<https://iocc.org/blog/category/where-we-serve/ukraine>

Ukrainian Relief Dinner - Sunday, September 25, 2022

St. Nicholas Greek Orthodox Cathedral, Oakland

See Raymounda for tickets.

**THANK YOU TO CO-CHAIR VALERIE FLIZANES,
all volunteers, and all who participated
(especially our Bible Bowlers)
in this year's Parish Life Conference. **Great job!****

A letter from Bishop THOMAS received this week reads:

Dear Fr. Don, Fr. John, and the 2022 PLC Planning Committee,

God bless you!

On behalf of the clergy and faithful of the Diocese of New York and Washington, D.C., and the Diocese of Oakland, Charleston, and the Mid-Atlantic, I want to thank you for the magnificent job that you did in planning and carrying out this year's Parish Life Conference. Being able to come back together at the Antiochian Village was so refreshing and encouraging for all of us who attended. Please express my appreciation to all who assisted in the planning, preparation, and execution of the PLC from your parishes. We all are deeply grateful!

Yours in Christ,

+Bishop THOMAS (Joseph)

Auxiliary Bishop, Diocese of Oakland, Charleston, and the Mid-Atlantic

Schedule of Services and Church Events

(Check this calendar for Usher, Fellowship Hour and lock-up schedules.)

Secretary Debbie will be in the office on Monday.

SUNDAY, July 10

(Ushers - Sara Armanious, Gust Flizanes, Wayne Macuga, Michele Murray, Elias Memari)

8:45 AM - ORTHROS

- Church Mary and Maximillian Cuff

10:00 AM - DIVINE LITURGY *(may we strive to arrive in church early)*

- 40 Day Memorial - Fred Charles

- Fellowship Hour (weekly coordinator - Raymounda Chaho)

- Thanks to Fred Charles family for hosting today.

(Lock-up - Andrew Cuff - (we lock all but the church entry double-doors by 10:15))

MONDAY, July 11

9:00 AM - DIVINE LITURGY *(Euphemia the Great;
Sophrony of Essex)*

TUESDAY, July 12

9:00 AM - DIVINE LITURGY *(Paisios of Mt. Athos)*

FRIDAY, July 15

9:00 AM - DIVINE LITURGY *(Vladimir, equal to the Apostles)*

SATURDAY, July 16

10:00 AM - Life Lessons Saturday Series

presented by Mat. Sophie Daniels, author of "30 Steps,"

guided by Fr. John --- all are welcome

6:00 PM - GREAT VESPERS

SUNDAY, July 17 (Church School Sunday - Gift of Life)

(Ushers - Sara Armanious, Gust Flizanes, Wayne Macuga, Michele Murray, Dina Papas)

8:45 AM - ORTHROS

10:00 AM - DIVINE LITURGY *(may we strive to arrive in church early)*

- Prayer and Teaching re: Sanctity of Life

- Antiochian Women's Meeting

- Fellowship Hour (weekly coordinator - Raymounda Chaho)

- Thanks to Paulette and Tom Sproch; Carolyn Hill, for hosting today.

(Lock-up - Joyce Eger - (we lock all but the church entry double-doors by 10:15))

Confessions are heard when scheduled on calendar,

by appointment in church, or by visit.

Call Fr. John at (724) 244-1228.

AT DIVINE LITURGY, among others, we will be praying for... (bold=recently added)

...ADEL & SARA Armanious, Mat. SOPHIE Daniels, THOMAS Abraham, MARY Andrews, MARGARITA (Peggy) Bolha, **BRADY Byers**, GREGORY Cervo, HELEN Ciavarra (*Valerie Flizanes' mother*), JILLIAN Crowe, JAMES Dayoob, MICHAEL Evans, MICHAEL Hamwey, RONALD and JOANNE Hasnauer, CAROLYN Hill, BONNIE Koury, SAMUEL Koury, KARIM Khalil, CJ Kudlik, IDA Langer, JOHN Mansour, NATHANIEL McNicol, HEATHER, KARIN & DALE Personett, SAM Nataros (*Jennifer Sacksen's brother*), FRANK Porembka, NICOLE Rosado, NICK Senuta, JACK Copeland (*father of Kh. Melanie, Melinda Copeland, Stephanie Heydorn*), BERNADETTE Brietinger (*wife of friend of Jeff Stewart*), ANTHONY & JILLIAN Crowe, baby JOSEPH PAUL Cervo and parents JOSEPH & ANGELINA; ROB Newton, DINA Papas, PAULETTE & THOMAS (vertigo)

Sproch, LEO Szymkowiak, PAULETTE Weiss, CINDY & ROBERT Stupak (*cancer and Parkinson's; Janet Mochak's sister and bro-in-law*), CHANDRA & JORDAN (*friends of Dana Abraham*)... that they may have mercy, life, peace, health, salvation and visitation.

...birthday celebrants --- SHERRIE Busch (7/11), SARA (Mochak) Thomas (7/11), KOURY Utterback (7/11), ALEX Jabbour (7/12), JOHN Chedrick (7/13), PAULETTE Weiss (7/13), ALEXANDRA Copeland (7/14), NICHOLAS Senuta (7/15). God grant them many years!

...wedding anniversary celebrants --- DAVID and EMILLE Kushner (7/12), JEFFREY Albert and RANA Ziadeh (7/13), ELIAS and MAYADA Memari (7/14). God grant them many years!

...baptismal/chrismation day celebrants --- ADRIENNE Szymkowiak (7/10), ELIZABETH (Elias) Ferrell (7/13), JAMES Anton (7/16). God grant them many years!

WE WILL REMEMBER THE DEPARTED SERVANTS OF GOD... Metropolitan PHILIP, Bishop ANTOUN, Archimandrite GEORGE, Protopresbyter GEORGE Livanos, Kh. STEFANIE Yazge. May their memories be eternal.

MANY YEARS...

...congratulations to parents LAUREN and TIMOTHY Armanious and grandparents RICK and VICKI Shaheen and ADEL and SARA Armanious, on the birth of baby JORDAN ELI. Jordan was born on Tuesday, July 5. He weighed 7 lbs, 14 oz..
...and welcome back to mother MARY Cuff and son MAXIMILLIAN Gregory who will be church-ed this morning.
...and "We'll miss you!" to BONNIE Koury who on July 22 will be moving to Florida to live with her daughter, Kallie.

PRAYERS OF OBLATION ARE OFFERED...

...for the health of LEILA Zakhary recovering from hip surgery.
...in memory of YULIA Eisenmann Debbie and Jack Ciak.
...in memory of MARY KAY Barsdate by Gus and Valerie Flizanes.
...in memory of WARD PAVEL Ryan by wife Zlata.
...in memory of FRED Charles by Tim Fedele.
...in memory of HELEN Porembka by Michele Murray.
...in memory of DIANA Roberts by Dina Papas.
...in memory of parents DAAS Abboud and MAHASIN Banout.
 by Ruwaidah Abboud Munirji.
...for the health of children AMY and ALAN by Ruwaidah Munirji.

MEMORIAL PRAYERS WILL BE PRAYED TODAY for the forty-day Memorial of the falling asleep in the Lord of the servant of God, Fred Charles. May his memory be eternal.

OUR SINCEREST CONDOLENCES ARE OFFERED to our secretary Debbie Ciak on the death of her good friend, YULIA Eisenmann, on Monday, June 20. May Yulia's memory be eternal.

ON SUNDAY, JULY 31, MEMORIAL PRAYERS WILL BE PRAYED FOR THE FOLLOWING PEOPLE WHO DEPARTED THIS LIFE IN JULY'S PAST ---

--- **NAMIE** Mansour, **ROBERT** Black (7/1/1999),
RONALD Joseph (7/1/2019), Archimandrite **GEORGE** Livanos (7/1/2021), **DONALD** Hanna (7/2/1972), **JACK** Mansour (7/2/2012),

JOHN Langer

(7/6/2011), **ALEX** Hanna (7/8/81), **DANIEL** Deemer (7/9/2008), **ROSEMARY** Slyman (7/9/2012), **NANCY** Thomas (7/12/2007),

WILLIAM Murray (7/17/2010), **CARMEN** Bianco (7/22/2021),

MARIETTE Charabaty (7/23/2003), **DEBBIE** Cochran (7/25/2021),

EDWARD Hanna (7/27/1965), **ALBERT** Charley (7/28/1990),

ALECOS Papanastasiou (7/30/2003, **CONSTANTINA** Papanastasiou

(7/47), **GEORGIA** Papanastasiou (7/1989), **FRANK** Porembka,

Sr. (7/29/1993), **MARY** Haiden (7/31/2018).

To add to the memorial list, call (724) 834-1311 and leave the name and date.

FOUND - A plain looking old key was found in the Fellowship Hall after the Blood Drive on Saturday, July 2. If you think it might be yours, call the church (724-834-1311) and leave a message.

GREETINGS from **Leila Zakhary** as she continues to rehab her repaired hip.

MANY THANKS from **her** for your prayers, phone calls, gifts, and best wishes. (God willing, we will see her soon!)

THANK YOU TO Michelle Gajewski for coordinating our annual trip to PNC Park and to Nat Pantalone (Funeral Home) for donating transportation to us (a 15 person van, a pilot and co-pilot). It was a beautiful night (*except for the final score*)!

Raymounda coordinates the 2022 Fellowship Hour Hosting Schedule. Call or text Raymounda - (412) 558-5877 - and leave your NAME, NUMBER and DATE(s) you'd like to reserve. *Realizing that hosting a Fellowship Hour may be financially difficult for some of us, let that not be a reason for feeling unable to support our weekly Sunday post-Divine Liturgy time with each other. Everyone is always encouraged to step up and into the kitchen to find out how they can help!*

THINGS TO REMEMBER and THINGS WE NEED...

...CALEB'S CUPBOARD (*our hallway collection bin for people in need*) is still an active ministry of our church.

...PHONE CALLERS. Pete Papas is reviving our Phone Tree Team for emergent information to be passed along to those who are not regular users of email. See Pete to be part of the calling team or to add your name to the roster of those who'd like to be called.

...BREAD BAKERS AND WHEAT MAKERS. Leave your name and number on the church voicemail (724-834-1311) and we will contact you regarding the details of what you'd have to know and do.

...USHERS. See Fr. John or Gust Flizanes to sign up to serve.

...IDEAS for Fund-raising (and people to act on their ideas). For support, direction and coordination regarding your ideas, speak with Elias Memari (724-244-3055) or Stephanie Heydorn (724-216-7866). Thank you to Elias and Stephanie for their willingness to be Fund-Raising Co-Coordinators. They will take on the task of helping to break inertia and give momentum to the return of active fund-raising events to our financial and budgetary plan.

...INFORM THE ANTIOCHIAN WOMEN whenever we might be intending to use the kitchen, to make sure no one else has scheduled to use it.

THINGS TO REMEMBER ALL THE TIME...

...BE ON TIME for church; BE ATTENTIVE to the following when you're here ---

...WHEN IT'S TIME FOR COMMUNION - Watch for direction from an usher when to proceed up the center aisle:

- 1) Church School/Children go first so they can get to class;
- 2) two center sections follow the children, then the "wing" sections;
- 3) rear section of sitters and standers.

*...REMEMBER TO CROSS YOUR ARMS, right over left on your chest, and keep them crossed from the time you get in line until you reach to pick up a piece of the antidoron, the post-Communion holy bread. (This helps avoid any 'bump' accidents at the chalice. This is one time we refrain from blessing ourselves. **Say your name** as you come to stand before the priest.*

*...BEFORE IT'S TIME FOR COMMUNION - Be aware that regular Confession is understood to be a prerequisite act of our receiving the Precious and Holy Body and Blood of Christ. Besides fasting from eating or drinking anything on the day will Commune, our spiritual preparation is completed with prayer and *periodic participation in the Sacrament of Confession (at least during the Advent and Paschal fasts).**

*For good order and safety,
Please follow the directional arrows in our parking lot
(and drive a little slower than seems necessary).*

Hard cover and leather bound Orthodox Study Bibles
are available in the Bookstore.

UPCOMING MEETINGS / EVENTS / DEADLINES

- **Tuesday, July 19** - Parish Council Meeting
- **Saturday, July 30** - Paths of Righteousness" Hike #5
RSVP Pete Papas (txt or call 412-558-1246; pnpapas@verizon.net)
The last of the scheduled hikes will be Saturday, Sept 10.

- **Sunday, August 21** - Summer School Sunday
- **Sunday, August 28** - First Day of Church School

- **Sunday, September 11** - Patriot Day Memorial and Food Event
- **Sunday, September 25** - IOCC "Ukrainian Relief" Dinner
St. Nicholas Greek Orthodox Cathedral, Pittsburgh
See Raymounda for tickets
- **Stewardship Days** - October and November
- **Thursday, Nov 10 - Sun, Nov 13** - Ancient Faith Women's Retreat
at Antiochian Village

REGISTER NOW!

Info/Registration at <https://store.ancientfaith.com/2022-afwr>

- **Sunday, December 4** - Annual General Parish Meeting
-

- Parish Council Members -

(year designates final year of term)

Sara Armanious '23 (*Chair*), **Christine** Mansour '22 (*Vice-Chair*), **Samar** Khalil '23 (*Treasurer*), **Joyce** Eger '23 (*Recording Secretary*), **Carolyn** Hill '22 (*Corresponding Secretary*), **Raymounda** Chaho '24, **Andrew** Cuff '24, **Christina** Armanious '24, **Michaelene** McWhinney '22, **Tom** Sproch '23, **Lisa** Stewart '24, **Donald** Yoder '22.